



Lash and Brow – Tint/Tidy at the Health and Serenity Spa

We aim to ensure clients have the best possible advice both prior to and post-treatment. Please read the following information prior to booking an appointment in the spa.

- **Consultation Information:** to ensure you are not contraindicated to any treatment.
- **Pre-treatment Advice:** should be read prior to attending an appointment.
- **Aftercare Advice:** to be read following your appointment for best results.

CONSULTATION

- **Local Contraindications:** treatments cannot be performed over contraindicated areas.
- **Medical Contraindications:** please seek medical advice prior to booking. In circumstances where medical permission cannot be obtained, clients must give their informed consent in writing.
- **Total Contraindications:** prohibit a treatment from taking place.

Local Contraindications:

- Cuts/Abrasions
- Scar tissue (6 months minor operation, 2 years major operation)
- Bruising/Swelling
- Sunburn
- Undiagnosed Lumps/Bumps

Medical Contraindications:

- Check any condition that is already being treated by a GP or another practitioner.

Total Contraindications:

- Hypersensitive skin
- Blepharitis
- Conjunctivitis
- Stye
- Swelling/Bruising
- Watery eye

PRETREATMENT ADVICE

- A patch test for tinting procedures is required 24 – 48 hours prior to treatment if a first time appointment, if it has been longer than 6 months since your last treatment or if your medical circumstances have changed.
- A patch test for waxing can be booked if you are concerned by skin sensitivity.

AFTERCARE ADVICE

Eyebrow Waxing/Tweezing



- Do not have a hot bath/shower or use a sauna, steam room or swimming pool for 24 hours.
- Do not sunbed or use a solarium for 24 hours.
- Avoid wearing tight fitting clothing over the area for 24 hours.
- Do not apply any perfumed or self-tanning products to the waxed area.

Eyelash/Eyebrow Tinting Aftercare

- If any redness or irritation occurs apply a damp cotton wool compress. If this doesn't help seek medical advice.
- Strong UV light can fade the tint quicker.
- Avoid eye make up for 12 hours.
- Avoid touching/rubbing your eyes straight after the tint application.
- Do not have a hot bath/shower or use a sauna, steam room or swimming pool for 24 hours.