



Tip & Dip Nail Enhancements and Bio Sculpture

We aim to ensure clients have the best possible advice both prior to and post-treatment. Please read the following information prior to booking an appointment in the spa.

- **Consultation Information:** to ensure you are not contraindicated to any treatment.
- **Pretreatment Advice:** should be read prior to attending an appointment.
- **Aftercare Advice:** to be read following your appointment for best results.

CONSULTATION

- **Local Contraindications:** treatments cannot be performed over contraindicated areas.
- **Medical Contraindications:** please seek medical advice prior to booking. In circumstances where medical permission cannot be obtained, clients must give their informed consent in writing.
- **Total Contraindications:** prohibit a treatment from taking place.

Local Contraindications: treatments cannot be performed over contraindicated areas.

- Skin Conditions (Eczema, Dermatitis, Psoriasis)
- Cuts/Abrasions
- Bruising/Swelling

Medical Contraindications: please seek medical advice prior to booking. In circumstances where medical permission cannot be obtained, clients must give their informed consent in writing.

- Undiagnosed lumps and swellings

Total Contraindications: prohibit a treatment from taking place.

- Infectious skin diseases (Impetigo, Scabies, Chicken Pox, Mumps)
- Broken bones
- Ringworm
- Fungal Nail Infections
- Paronychia (whitlow)
- Thyroxine medication (causes nails to produce excess oil)
- Some anti-biotics (causes nails to produce excess oil)

PRETREATMENT ADVICE

- First time appointments: please attend with polish and enhancement free nails
- Infill or rebalancing appointments can only be taken within 2/3 weeks of initial application and previous nail enhancements have been maintained.

AFTERCARE ADVICE

- Please ask your nail technician for advice when removing your nail enhancements. Enhancements are best removed professionally.



- Avoid heat such as a bath, shower, sauna, steam room and hot ovens for at least an hour after your treatment.
- Wear gloves when washing up or cleaning.
- Do not file your nails or push your cuticles back while wearing gel/acrylic. This will break the seal of the gel/acrylic and can lead to chipping or lifting.
- Apply OPI cuticle Oil once or twice a day to the top and underside of nails and the surrounding skin to promote nail flexibility, prolong the life of your enhancements and keep skin healthy. This will also dramatically reduce the risk of breakage or lifting.
- Never peel or pick enhancements as it can damage the natural nail.
- Never use your nails as tools, treat them the way you would your natural nails.
- Tinted lotions, spray tans, suntan creams and hair products can lift or discolour your enhancements. Wash hands thoroughly after use.
- Avoid creams and lotions containing mineral oils and Lanolin around your nail area as they can affect the longevity of enhancements.
- We advise that nail enhancements should last for up to 2/3 weeks if looked after carefully (10 days for nail biters). If you have any problems during this time, we offer a free repair service. Repair appointments must be booked within 10 days of your original appointment.
- Clients should contact the salon if there are any problems. Call 01633264430